

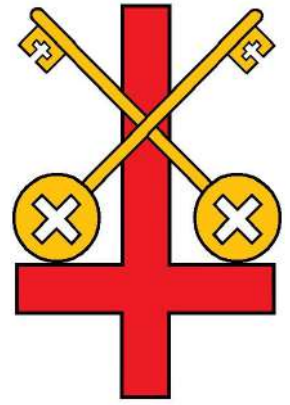
Welcome



to the Anglican Parish of
Upper Riccarton-Yaldhurst

**St Peter's
&
St Luke's**

**6th March 2022
Ordinary Sunday 9**



Lent time for a reset

It's easy to see other people's faults. One husband said to me after lock down, "it was so good to catch up with my wife and discover all the things I'd done wrong for the last 30 years." Lent is time to give up spotting other people's faults and to spend some time addressing our own. Like Jesus in the desert they always revolve around 3 key areas: Worrying about what other people think of us, defining ourselves by what we do and what we own.



Traditionally Christians have addressed these 3-fold temptations by praying, fasting and giving. Prayer because it focuses us not on what others think of us, but on God's love for us; fasting because it allows us to refocus; and giving because it frees us from the power money and possessions can have over us.

The core of our life is God's love. We don't need to earn that love, but we do need to have time to refocus on that love.

~ Nick



Join us on Live Stream for our Sunday Service

<https://www.youtube.com/channel/UCaV6CL18TXIVfhsobuKDFRw>

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www.stpeterschurch.nz
www.facebook.com/stpeterschurchcorner

News in the Parish

Sunday Service Roster

There are some hard copies available on the table at the back of the church should you need one.

Daffodil Bulbs for Sale

We will have packets of 6 Daffodil Bulbs for sale at the end of March. \$10 for 6 King Alfred Bulbs - the yellow, full trumpet variety. Talk with Jo please 027 2567205 or put your name on the form at back of church.

Church Pews for Sale

We still have a few church pews for sale. We have made several sales over recent weeks. Be quick - or let anyone you think might like one to get in touch. \$400 each. Jo 027 2567205

Horse Manure and Leaf Mould Mulch or soil conditioner

We have a source of horse manure which just needs some buyers. We can deliver a trailer load to parishioners for \$30.00, or we can take orders for small bags at \$1.00 and large bags for \$2.00 for pick up from church. We also have a never ending source of well rotted leaf mould for the same prices. Please place your orders at the office, or ring Dennys on 357 4204.

Coffee & Chat

Coffee & Chat is on hold until further notice. ~Lindy

AGM Reports

A quick reminder as our AGM is coming up in April, all teams are to prepare reports soon and email the office by Sunday 27th March 2022. AGM is now confirmed on Sunday 01 May 2022 after 9:30am service.

Spectacle Drop Off

I have found a new drop off point for our unwanted spectacles. They will be sent to the Fred Hollows Foundation NZ to those who need them across the Pacific Islands. To date we have collected 514 pairs. There is a (marked) drop off bag in the church for any that can be spared. Leigh Craythorne 342 9110



Church at Traffic Light Red

Be assured that worship and church will continue right through this current time. We are already doing all we need to, i.e. masking up, signing in with our vaccine pass, deep cleaning between services, keeping a metre apart, having communion as bread only, not physically sharing the peace, not passing the plate around and not handing out bulletins.

We are under 100 at 9:30am currently so no need to stay away to free up space for someone else.

A couple of things to think about. We all need a buddy someone outside of our household who could bring us food and medicine if we get sick. Please let us know if you don't have such a person and we will find you one. Make sure you get a booster and remember the clergy are here to help so be in touch if we can help in anyway. Together we can do this. ~Nick

Gateway Deadline

The last date for contributions for the Autumn 2022 Gateway is Thursday 24th March.

~Graeme and Heather

Wood/Timber available for Handymen and Handywomen

There are a number of pieces of furniture around the skip that were left over from the garage sale. The intention was to break them up and feed them into the skip, but it has been pointed out that there is some good timber in some of the items which could be recycled by people with the right skills. Please help yourselves, and leave whatever you don't want for us to dispose of.

Please leave the metal (unless you have a good use for it) which we take to the scrap metal man and convert it into cash. ~Dennys



This Week's Diary

Monday 07 Mar

Walking Group — 1:30pm, Riccarton Domain

Tuesday 08 Mar

Morning Prayer — 9am, Chapel

Staff Meeting — 9:15am, Atrium

Exercise Class — 9:30am, Parish Hall

Homestead Ilam - 11am

Mayfair Life Care - 3:00pm

Wednesday 09 Mar

Morning Prayer — 9am, Chapel

Wed Service — 10am and 7.30pm, Church

Thursday 10 Mar

Morning Prayer — 9am, Chapel

Walking Group — 9.30am, Crosbie Park

Coffee & Chat — on hold

St Peter's Choir — 7:30pm, Church

Friday 11 Mar

Morning Prayer — 9am, Chapel

A-Team — 9am, by the hall

9-11am, Garage Sale Shed open

Family Orchestra — 6pm, Bowden Hall

We have spilt the preschool into 2 separate bubbles last week to reduce the risk of cross infection if anyone here happened to contract Omicron. We have 2 separate staff teams; 1 for each bubble, and the time we spend all together each day is limited. The rooms have changed names from native New Zealand trees (starting with 'K') to the colour of the bubble.

The children, with help from the staff have decorated their bubble so there is no doubt which colour room you are in when you enter. We are planning on staying in these bubbles until the end of the term at Easter.

~ Liz Orr

stpeterspreschool@mcctrust.nz

Mission Focus

March Mission Table

We will hold a Mission table on Sunday 13th March (the second Sunday of the Month).

The sales table is set up in the Atrium for the 08:00am and 09:30am Services. Please come and have a look either before or after the services.

All saleable items are very welcome - jams, pickles, preserves, sauces, sweets, baking, crafts and knitted items, fresh fruit and veggies, etc Apples and pears are in season - if you are donating these, please bag them in 1kg lots for sale.

~Jill and Noeline

**BE WATCHFUL,
STAND FIRM
IN YOUR FAITH,
BE COURAGEOUS,
BE STRONG.**



1 Corinthians 16:13

Worship Details

St Peter's Church

8am—Holy Communion

9:30am—Holy Communion

St Luke's Church

9:30am—Holy Communion

Readings: Deuteronomy 26.1-11
Psalm 91.1-2, 9-16
Romans 10.8b-13
Luke 4.1-13

Sentence

Led by the spirit in the wilderness
where for forty days Jesus was
tempted by the devil. (Luke 4.1)

Collect

Let us pray to be true to God:

God of the desert,
you lead us by day and by night:
be with us when we are tested
and may it be your bread we eat,
your world we serve,
and you alone we worship;
through Christ we ask it. **Amen.**

Versicle and Response for Intercessions
In the desert of our hearts
hear our prayer.

Next Sunday's Readings:

Genesis 15.1-12, 17-18

Psalm 27

Philippians 3.17-4.1

Luke 13.31-35



Prayer Focus

- For our mission partners...

⇒Petersgate:

"For Mike Baker and the team of 25 counsellors at Petersgate. We thank God for the people from the community and other agencies who are willing to speak to the team as part of Professional Development."

⇒Preschool:

♦For health for staff, parents and children For our roll to continue to grow

♦For wisdom for staff and parents as we negotiate Phase 3 of the COVID Red traffic light system

- For those in need of prayer, especially Marie T, Marcia H, Diane R, Beverley P, Alison R, Helen E, Daniel, Margaret W, Storm B, Tony C, Tas, Helen, Irene Ch, Audrey P, Anne S, Elizabeth C, Albert S, Sheldine, Neville, Ken B and others on our hearts and minds.

- For AMURI CO-OPERATING PARISH
Vicar: The Ven Dawn Baldwin (Ross)

- For ASHBURTON

Vicar: The Ven Joan Clark

The Rev'd Helen Wallis (John)

The Rev'd Stephen Murray
(Anita)

The Rev'd Rosalind Stewart

The Rev'd Heather Stewart

The Rev'd Bob Dorans (Betty)

- For residents in retirement homes and villages



The invasion of the Ukraine

**Rangimārie! Rangimārie! Ahakoa te utu!
Peace! Peace! No matter what the cost!**

This was Archdeacon Tiki Raumati's oft repeated korero, speaking out of his people's lived experience of the inter generation impact of naked aggression and the greed for land.

As the Russian army invades Ukraine without provocation, the world must again defend the innocent. We call on all Christians to pray for the people and leaders of Ukraine and for the people and leaders of Russia. This act of war will create suffering and destruction and will win nothing. We must pray for, and support, world leaders in responding with wisdom, compassion, and resolution for the protection of the innocent and the restoration of justice and peace.

We also encourage you to pray daily for the Ukraine and to participate with the wider church in Pope Francis's call to make Ash Wednesday, 2 March, a day of prayer and fasting for peace.

A Prayer for Ukraine

Eternal Creator,
You have made us in your image, though we often obscure it;
You have made us stewards of the earth and guardians one of one another.
Give the people of Ukraine Your protection, strength, and assurance,
Give us the courage to support and defend our Ukrainian brothers and sisters, and
Give world leaders wisdom, compassion, and resolution in their decisions.
In this crisis, remind us again of the need to always strive for peace,
that the people of Ukraine may once again know peace and justice, and
that all your children may know the perfect freedom found in serving one another.
Amen.

Prayers from around the church...

God of peace and justice,
we pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them.
We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions.
Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them.
We pray in the name of Jesus, the Prince of Peace.
Amen

*Archbishop Justin Welby,
Archbishop Stephen Cottrell*

Sovereign God,
We pray for the nation of Ukraine, its leaders and people.
We pray that you would make your presence known to them at this time of strife.
We pray for their protection and for an end to the Russian invasion.
We pray for the innocent, the frightened, the dispossessed, and those who have lost loved ones, homes and family.
We pray that you would bless the endeavours of those who work for peace and an end to this conflict.
Have mercy, we pray, on Ukraine.
May your peace rule in the hearts and minds of all.
Continue to stir up the leaders of the world to work together for the good of all.
We pray this in the name of Jesus, the Prince of Peace.
Amen.

*Archbishop Geoffrey Smith,
Archbishop of Adelaide and Primate of the
Anglican Church of Australia*

Sovereign Lord,
you observe all those who dwell on earth.
Have mercy we pray on those who now suffer the miseries of a war not of their own making.
Have compassion on the wounded and dying;
comfort the broken-hearted;
confound the hatred and madness of those who make war;
guide our rulers, bring war to an end, bring peace across the world.
Unite us all under the reign of your Son, the Prince of Peace,
before whose judgement seat the rulers of the world will give account,
and in whose name we pray. Amen.

*Archbishop Kanishka Raffel,
Archbishop of Sydney*

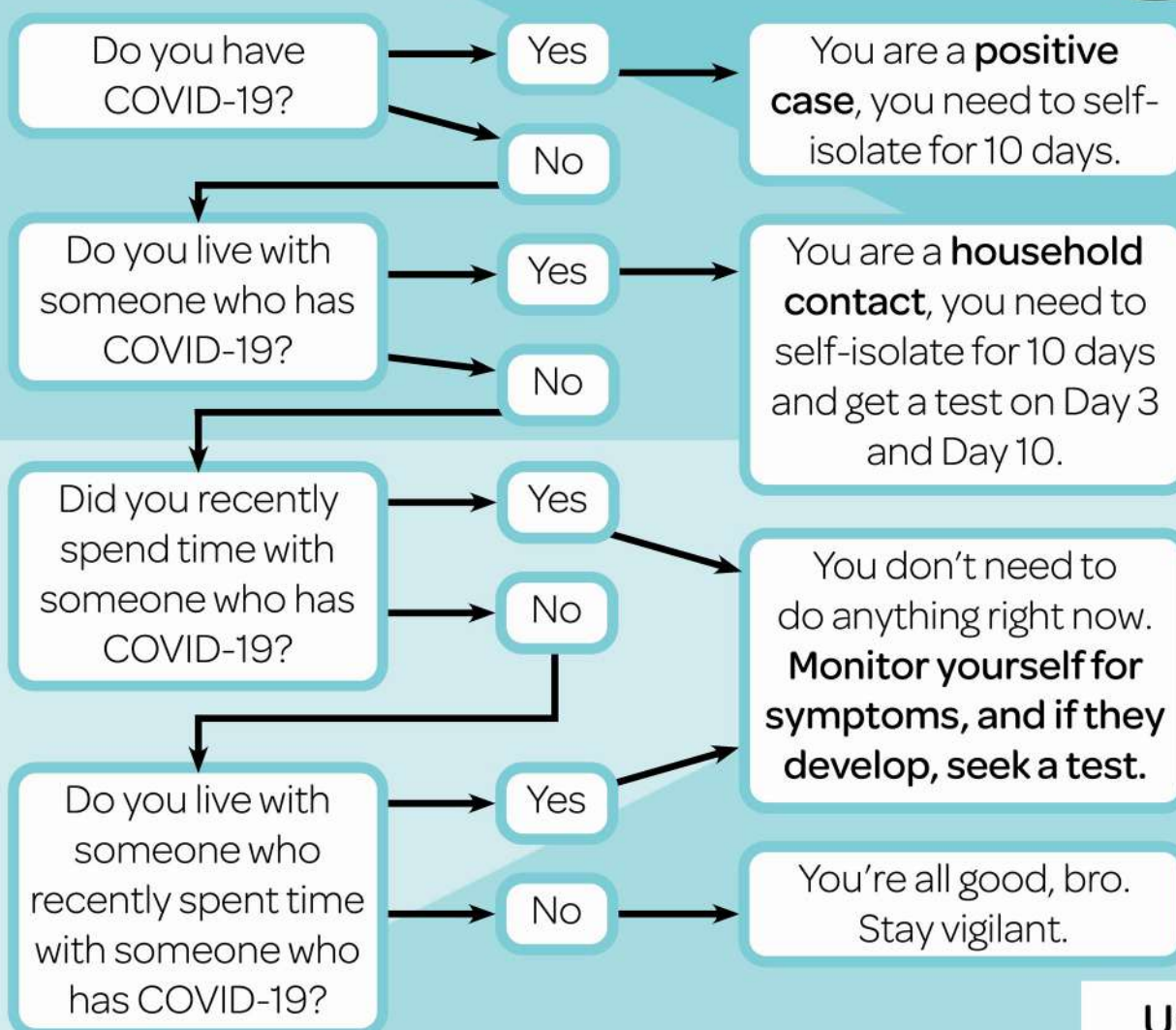
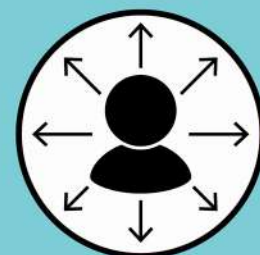
Loving God,
We pray for the people of Ukraine,
for all those suffering or afraid,
that you will be close to them and protect them.
We pray for world leaders,
for compassion, strength and wisdom to guide their choices.
We pray for the world, that in this moment of crisis, we may reach out in solidarity to our brothers and sisters in need.
May we walk in your ways so that peace and justice become a reality for the people of Ukraine and for all the world.
Amen.

*Archbishop Eamon Martin Archbishop of Armagh,
Catholic Primate of All Ireland*

O Lord, God of life, as you care for all creation, give us your peace. May our security come not from weapons, but from respect. May our strength come not from violence, but from love. May our own wealth come not from money, but from sharing.
May our path be not one of ambition, but of justice. May our victory not be one of revenge, but of forgiveness. Unarmed and confident, help us to defend the dignity of all creation. Sharing today and always the bread of solidarity and peace.
Amen.

*Presiding Bishop Elizabeth Eaton, Presiding
Bishop of the Evangelical Lutheran Church
in America*

What type of contact are you?



COVID-19: Our Isolation Plan

Being ready helps to keep us all safe

If someone in your household gets COVID-19, your whole household will need to isolate until everyone has fully recovered (3 days symptom-free).

Omicron spreads fast - everyone in the house may catch the virus.

So be ready, make a plan and have a kōrero.

→ WHAT YOU NEED TO PLAN FOR

- ☐ Getting food and supplies – organise with friends, whānau or neighbours to do contactless drop offs.
- ☐ Mahi work and/or kura school(s) – prepare to work and/or study from home.
- ☐ What happens with children, other dependants, or shared custody arrangements?
- ☐ If you require care services – decide if you need to isolate together.
- ☐ How will you try and minimise the spread to household members who are not unwell?
- ☐ Find activities to help pass the time.

→ KNOW AND SHARE YOUR PLANS

- ☐ Kōrero together – ensure everyone in the household, including kids, knows what will happen when you need to isolate.
- ☐ Share plans with those supporting and helping you (or who you are supporting).

→ IN CASE OF EMERGENCY

- Most of us can recover safely at home. If you need advice or your symptoms worsen, call your doctor, health provider or Healthline on 0800 358 5453.
- If you are having trouble breathing, call 111 immediately.
- Have personal information ready, including: full names, birth dates/ages, NHI numbers, medical conditions and prescriptions, GPs/health providers and other emergency contact details
- Prepare instructions for pets, plants or paying bills, just in case you need to recover away from home.

→ STAY CONNECTED

We are all in this together, and we will get through together.

- Stay connected – arrange regular catch-ups with your whānau, friends and community. If you are isolating, make sure these are online or by phone.
- Support your friends, whānau and workmates to make their plans to get ready.
- Find out what your community is doing – is there a group making meals to freeze, sharing planning tips, or just staying in the know?

☐ Checklist: Get things ready to isolate

* check expiry dates and follow instructions, especially with medications

- | | |
|--|---|
| <input type="checkbox"/> Tissues | <input type="checkbox"/> Paracetamol and/or ibuprofen |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Drinks and other medications that help with cold and flu-like symptoms, like lemon tea with honey, cough syrup |
| <input type="checkbox"/> Sanitiser | <input type="checkbox"/> Practice healthy habits like coughing/sneezing into elbow and washing hands to reduce the spread of germs. |
| <input type="checkbox"/> Masks | <input type="checkbox"/> Could ventilation be improved? Even opening windows will help to get rid of the virus. |
| <input type="checkbox"/> Cleaning products & gloves | |
| <input type="checkbox"/> Rubbish bags (try and have separate bags for tissues before putting in main rubbish bags) | |

→ Ways to feel better if you're māiui unwell

For tiredness, fever, aches and pains:

- Get plenty of sleep and rest to help your body recover
- Stay hydrated by drinking plenty of fluids
- Take medication like paracetamol or ibuprofen

For coughs, sore throats or blocked noses, try:

- Hot lemon and honey or kawakawa tea
- Saltwater gargling
- Chest vapour rubs
- Nose and throat treatments, like sprays
- Cough syrup or soothing lozenges

→ Looking after your mental wellbeing

- Try to be kind and gentle with each other as isolating together for some weeks may have its ups and downs
- Acknowledge your feelings – becoming anxious or stressed is a normal response when times get challenging
- Try and stick to routines where possible
- Put a limit on any time online and get some fresh air
- If you start to feel overwhelmed, speak with a trained counsellor any time, day or night -free call or text on 1737
- For more advice: [Covid19.govt.nz/mental-wellbeing](https://www.covid19.govt.nz/mental-wellbeing)

→ Contacts for support services

- | | |
|--|---|
| • COVID-19 Healthline: 0800 358 5453 | • Mental health support: call or text 1737 |
| • Healthline: 0800 611 116 (for advice on other health matters) | • Alcohol Drug Helpline: 0800 787 797 |
| • PlunketLine: 0800 933 922 (for health advice regarding babies or children) | • Work and Income: 0800 559 009 |
| • Family Services: 0800 211 211 | • Rural Support Trust: 0800 787 254 |
| | • Business support: North Island 0800 500 362 and South Island 0800 505 096 |

For more information, head to: **Covid19.govt.nz**